

Physical Plant: Patient Rooms

Name of Hospital: _____

Date: _____ Hospital Contact: _____

Always/
Yes

Sometimes

Never/
No

N/A

Tour patient rooms on several adult/non-behavioral health units.

1. Bathrooms:

a. Grab bars are located on the wall near the toilet.

b. Nurse call lights can be reached by a patient lying on the floor of the bathroom.

c. Bathroom doors have external release mechanisms for opening locked doors.

2. Showers:

a. There are grab bars in the shower to assist the patient leaving the wet shower.

b. There is anti-slip flooring or non-skid strips on the floor.

c. Nurse call lights can be reached by a patient lying on the floor of the shower.

3. Each room has a supply of disposable gloves and a needle disposal box at a height that can be easily reached by staff but is out of the reach of children.

4. Alcohol-based hand disinfectant dispensers are located near the entrance of each patient room.

5. There are no trip hazards, such as extension cords, footstools, urinary catheters stretched from chair to bed rail, trash cans, or suction tubing.

Tour pediatric care areas (any place where pediatric patients receive care, such as in the emergency department [ED], clinics, mixed units, or specific pediatric units).

6. Pediatric environment:

a. All pediatric-safe electrical receptacles are used, or childproof covers are inserted in the outlets.

b. Children are protected from sharp edges on furniture.

c. Hazardous areas are locked (e.g., air handling rooms, storage closets, kitchens, laundry chutes, utility rooms).

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Always/ Yes	Sometimes	Never/ No	N/A	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	d. All hazardous materials are out of the reach of children (e.g., chemicals, coffee pots, medications, office supplies, kitchen utensils, sharps containers).
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	e. Pull cords are secured to the bottom of the wall or shortened so they cannot be wrapped around a child's neck.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7. Parents are advised to keep side rails in the raised position on pediatric beds and cribs except when nursing care is being provided.
				8. Pediatric play areas:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	a. Toys in playrooms are inspected for damage on a regular basis.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	b. Toys are sanitized after use.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	c. Toys that cannot be sanitized (e.g., fuzzy toys) are not provided or are removed after single use.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	d. The room is supervised when occupied.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	e. Toy boxes have non-slamming lids or no lids.
				Tour psychiatric/behavioral health care areas (to include units, ED, and any other area that houses behavioral health patients).
				9. Bathrooms: ¹
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	a. Grab bars are located on the wall near the toilet.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	b. The grab bar is designed to prevent anything from being wrapped around it.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	c. There are no clothes hooks on the wall or door.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	d. There is a push/pull latch or cone-style door handle.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	e. Any sprinkler heads are recessed.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	f. Faucets are designed to prevent anything from being wrapped around the handles or spout.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	g. Bathroom doors have continuous hinges.

¹To review suicide prevention hardware, download the *Design Guide for the Built Environment of Behavioral Health Facilities* at www.naphs.org or at https://naphs.org/resources/home.aspx?product_id=502.

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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	h. Nurse call lights can be reached by a patient lying on the floor of the bathroom.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	i. Toilets are constructed so there are no exposed pipes or open hardware that could be used during a hanging attempt.
				10. Showers:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	a. There are grab bars in the shower to assist the patient leaving the wet shower.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	b. The shower nozzle and valve should be designed so that nothing can be hung on them.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	c. The shower rod is a breakaway-type rod, or the curtain is attached to the ceiling by small breakaway plastic hooks.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	d. There is anti-slip flooring or non-skid strips on the floor.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	e. Nurse call lights can be reached by a patient lying on the floor of the shower.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	11. Needle disposal boxes are inaccessible to patients.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	12. Alcohol-based hand disinfectant dispensers are located where patients cannot access them.
				13. Environmental alterations and precautions are taken, including the following:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	a. Furniture is secured and cannot be used to barricade a door.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	b. Window treatments in all patient access areas are free of cords, hooks, or wands and cannot bear weight of more than 50 pounds in the event of a suicide attempt by hanging.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	c. All windows are made of unbreakable safety glass or acrylic, and they are locked or have impenetrable screens.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	d. Closets and showers are designed with hardware to minimize risk. (e.g., shower curtain tracks, breakaway lightweight rods, doors unable to lock from the inside).
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	e. Pull handles on drawers and closets are recessed to reduce the potential for self-inflicted injury.

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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	f. Doors to patient rooms and bathrooms can be opened from the outside in the event of a barricade or emergency situation.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	i. Staff knows how to open the doors to these rooms.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	ii. Door hinges are sloped or flush in all patient access areas.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	iii. All door handles are flush with the door.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	g. All fixtures are recessed (e.g., sprinklers, smoke detectors, light fixtures).
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	h. The use of electric beds is restricted unless medically necessary.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	i. Any electric cords are shortened to no more than 18 inches in length.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	j. Only plastic clothes hangers are allowed.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	k. All unoccupied rooms are kept locked, including patient rooms, offices, community showers and baths, and linen and utility rooms.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	l. There are no pipes above any ceiling tiles that could be used in a suicide attempt by hanging. (If there are pipes, staff members consider this risk in their safety assessments.)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	m. Only tape is used to secure documents on bulletin boards (no tacks or push pins).
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	n. All electrical outlets have GFI protection.

This interactive guide is not a standard of care. Any guidelines suggested here are not rules, do not constitute legal advice, and do not ensure a successful outcome. The ultimate decision regarding the appropriateness of any action or treatment must be made by each healthcare practitioner in light of all circumstances prevailing in the individual situation and in accordance with the laws of the jurisdiction in which the care is rendered.