

CIRCUMFERENTIAL BODY LIFT

A body lift is a surgical procedure to remove excess skin and fatty tissue from the middle and lower abdomen, hips, outer thighs, back, and buttocks and to tighten muscles of the abdominal wall. A body lift is not a surgical treatment for being overweight. Obese individuals who intend to lose weight should postpone all forms of body contouring surgery until they have reached a stable weight.

Patient's
Initials

- _____ The details of the procedure including the anticipated benefits and material risks have been explained to me in terms I understand.
- _____ Alternative methods and therapies, their benefits, material risks and disadvantages have been explained to me.
- _____ I understand and accept that the most likely material risks and complications of circumferential body lift have been discussed with me and may include but are not limited to:
- *allergic reactions*
 - *asymmetries of contour*
 - *bleeding*
 - *change in sensation or numbness of abdominal skin*
 - *changes in shape or appearance of pubic hair*
 - *delayed healing*
 - *disappointment*
 - *residual skin irregularities at the ends of incisions*
 - *extended hospital stay*
 - *failure to alleviate symptoms of rash and back pain*
 - *genital region numbness*
 - *hematoma (blood clots under skin)*
 - *infection*
 - *persistent swelling in the legs*
 - *loss of skin from insufficient circulation (requiring further surgery and skin graft)*
 - *loss of umbilicus (belly button) or displacement to the side*
 - *need for more surgery for secondary surgical corrections*
 - *pain (may be prolonged)*
 - *permanent scars that may be of a different color, contour, or "bunching" due to the amount of excessive skin, asymmetrical, or have visible suture marks*
 - *pulmonary embolism (blood clots in the lung)*
 - *seroma (fluid collection under the skin)*
 - *wound non-closure*
 - *skin discoloration and swelling*
 - *fatty tissue found deep in the skin might die resulting in areas of firmness within the skin and contour irregularities in the skin*
 - *damage to deeper structures*
 - *suture migration*
- _____ I understand and accept that there are complications, including the remote risk of death or serious disability, that exist with any surgical procedure.
- _____ I understand and accept the risks of blood transfusion(s) that may be necessary.
- _____ I understand that tissue cannot heal without scarring and that how one scars is dependent on individual genetic characteristics. The physician will do his/her best to minimize scarring but cannot control its ultimate appearance.
- _____ I understand that skin and tissue relaxation may follow plastic surgery after weight loss. This natural loosening or stretching of skin after surgery is unpredictable, and may require additional surgery.
- _____ I am aware that smoking during the three to four week pre- and postoperative periods is prohibited as smoking could dramatically increase chances of complications.
- _____ I have informed the doctor of all my known allergies.
- _____ I have informed the doctor of all medications I am currently taking, including prescriptions, over-the-counter remedies, herbal therapies and supplements, aspirin, and any other recreational drug or alcohol use.
- _____ I have been advised whether I should avoid taking any or all of these medications on the days surrounding the procedure.

