

PSYCHOTROPIC MEDICATIONS

Patient's
Initials

- _____ The nature of my mental condition and the reasons for prescribing the specific medication(s) have been explained to me in terms I understand.
- _____ Alternative treatments and their benefits and disadvantages have been explained to me.
- _____ The type of medication, the dosage, the range of frequency, the route of administration (oral/IM), and the anticipated length of treatment have been explained to me.
- _____ I understand and accept the possible side effects of the following specific types of psychotropic medications which may include, but are not limited to:

Common to psychotropic medications: *dizziness, drowsiness, rigidity of muscles, and tremors*

Lithium: *blurred vision, diarrhea, impairment of coordination, increased urination, muscular weakness, ringing of ears, and tremors*

Benzodiazepine: *unsteadiness of gait, physical dependence, and after prolonged use, should be withdrawn gradually*

Carbamazepine: *lowering of blood cell count*

Antidepressant (tricyclic or tetracyclic): *blurred close vision, constipation, difficulty starting to urinate, dry mouth, feeling dizzy with quick movements (standing quickly), hand shaking, heart palpitation, or irregular heart beats*

Antidepressants (SSRI - serotonin specific reuptake inhibitors): *decreased appetite, diarrhea, headache, insomnia, nausea, and nervousness*

Atypical antipsychotic medications: *decreased coordination and inflammation of the nasal mucous membrane*

- _____ I understand and accept additional possible side effects that may occur when psychotropic medications are taken for extended periods (over three months) include persistent, involuntary movements of the face, mouth, or extremities (hands/feet). These symptoms are potentially irreversible and may appear after the medications have been discontinued.
- _____ I understand that psychotropic medication therapy may include certain lab tests on a regular required basis.
- _____ I have informed the doctor of all my known allergies.
- _____ I have informed the doctor of all medications I am currently taking, including prescriptions, over-the-counter remedies, herbal therapies and supplements, aspirin, and any other recreational drug or alcohol use.
- _____ I have been advised whether I should avoid drinking alcoholic beverages and consuming any or all of these medications while taking the psychotropic medication(s).
- _____ I am aware and accept that no guarantees about the results of the treatment have been made.
- _____ I have been advised of the probable consequences of declining recommended or alternative therapies.
- _____ The doctor has answered all of my questions regarding this treatment.

I certify that I have read and understand this treatment agreement and that all blanks were filled in prior to my signature.

I authorize and direct _____, M.D., to provide treatment with the following psychotropic medication(s): _____.

Patient or Legal Representative Signature/Date/Time

Relationship to Patient

Print Patient or Legal Representative Name

Witness Signature/Date/Time

I certify that I have explained the nature, purpose, anticipated benefits, material risks, complications, and alternatives to the proposed treatment to the patient or the patient's legal representative. I have answered all questions fully, and I believe that the patient/legal representative (circle one) fully understands what I have explained.

Physician Signature/Date/Time

_____ copy given to patient
initial

_____ original placed in chart
initial

11/02
Revised 9/05, 12/05, 1/06, 6/07

This form is for reference purposes only. It is a general guideline and not a statement of standard of care and should be edited and amended to reflect policy requirements of your practice site(s), CMS and Joint Commission requirements, if applicable, and legal requirements of your individual state(s).